



IDAS (support for domestic abuse and sexual violence)	www.idas.org.uk
Freephone 24 hour National Domestic Abuse helpline	0808 2000 247 www.nationaldahelpline.org.uk
Live Fear Free Helpline for Wales	0808 80 10 800 www.welshwomensaid.org.uk/what-we-do/our-services/live-fear-free-helpline
Men's Advice Line	0808 801 0327 www.mensadviceline.org.uk
National LGBT Domestic Abuse helpline	0300 999 5428 www.helplines.org/helplines/galop
National Stalking helpline	0808 802 0300 www.suzy.lamplugh.org/Pages/Category/national-stalking-helpline
Revenge Porn Helpline	0345 6000 459 www.revengepornhelpline.org.uk
UK Forced Marriage Unit	020 7008 0151 www.gov.uk/guidance/forced-marriage
Refuge	www.refuge.org.uk
Women's Aid	www.womensaid.org.uk
Karma Nirvana (forced marriage, honour-based abuse)	www.karmanirvana.org.uk
Southall Black Sisters (support for BME and migrant women)	www.southallblacksisters.org.uk
Sign Health Domestic Abuse Service (support health and wellbeing of deaf people)	www.signhealth.org.uk/with-deaf-people/domestic-abuse/domestic-abuse-service
Respect (work with male victims and domestic abuse perpetrators)	www.respect.uk.net
Surviving Economic Abuse (economic abuse)	www.survivingeconomicabuse.org



Stay Safe East (support for disabled and deaf victims)	www.staysafe-east.org.uk
Latin American Women's Rights Service	0808 145 4909 www.lawrs.org.uk
NSPCC (including support for victims of FGM)	www.nspcc.org.uk
Paladin (support for victims of stalking)	www.paladinservice.co.uk
Victim Support	www.victimsupport.org.uk
ManKind Initiative (support for male victims)	www.mankind.org.uk
Jewish Women's Aid (support for Jewish women and children)	www.jwa.org.uk
Muslim Women's Network (support for Muslim women and girls)	www.mwnuk.co.uk
Restored (Christian alliance)	www.restoredrelationships.org
Safe Spaces (for those that need a safe space to access help)	www.uksaysnomore.org/safespaces
Rights of Women (helping women through the law)	www.rightsofwomen.org.uk
Affordable Justice (Affordable Family Law solicitors for women)	www.affordablejustice.co.uk
The Cyber Helpline (free, expert help for UK cybercrime victims)	www.thecyberhelpline.com
The Survivors Trust (support for women, men and children who have survived rape, sexual violence or childhood sexual abuse)	www.thesurvivorstrust.org
Rape Crisis England and Wales	www.rapecrisis.org.uk